

FITNESS CLASSES

**January 8
to April 26**

Payment must be
made at time of
booking.

Drop-ins welcome.

Group Fitness

This program is designed for any level of fitness. Class includes fun and energizing low impact aerobics, muscular conditioning exercises and ends with a relaxing stretch.

Fee: 1 visit — \$9.00; 10 visits — \$65.40; 20 visits — \$105.60

Note: Passes expire 2 years from purchase date

Mon	9:00 AM - 10:00 AM*
Wed	9:00 AM - 10:00 AM*
Fri	9:00 AM - 10:00 AM*

- Age 13+

* No class Feb 19,
Mar 11, 13, 15 & 29
and Apr 1

**Fitness membership
\$357.40/year - enjoy
unlimited classes!**

