

NEW! 20/20/20

Mix up your routine with three workouts in one! The 20/20/20 class is designed to give you a challenging workout with three 20-minute sessions each of different exercises such as cardio, strength training, core work, yoga, boxing, and more.

Ages: 13+ years

Fee: 1 visit — \$9.00; 10 visits — \$70.40; 20 visits — \$110.60
12 month membership — \$362.40 (unlimited classes)

Day	Time	Dates
Thur	9:00 AM - 10:00 AM	May 2 - June 27