

January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 12:00 am Community Centre CLOSED	2 5:30 am Health Club 9:00 am Free Public Skate 11:30 am Sport Conditioning Fitness Class 1:00 pm Free Public Skate	3 5:30 am Health Club 9:00 am Free Public Skate 12:30 pm Core Blast Fitness Class 1:00 pm Free Public Skate	4 8:00 am Health Club 9:00 am Free Public Skate
5 8:00 am Health Club 1:15 pm Free Public Skate 2:00 pm Mayor's Levee	6 5:30 am Health Club 9:00 am Morning Fitness 10:15 am Morning Yoga 4:00 pm Parent and Tot Skate 4:00 pm Family Skate at Outdoor Rink 6:00 pm Badminton Drop In 6:30 pm Blast Class	7 5:30 am Health Club 10:00 am Public Skate 5:30 pm Blast Class 6:15 pm Evening Yoga	8 5:30 am Health Club 9:00 am Morning Fitness 10:15 am Morning Yoga 5:30 pm Blast Class	9 5:30 am Health Club 9:00 am 20/20/20 Fitness Class 10:00 am Public Skate 10:15 am Pilates 4:00 pm Family Skate at Outdoor Rink	10 5:30 am Health Club 9:00 am Morning Fitness 10:15 am Morning Yoga 3:30 pm Public Skate	11 8:00 am Health Club 10:00 am Family Skate at Outdoor Rink
12 8:00 am Health Club 1:15 pm Free Public Skate	13 5:30 am Health Club 9:00 am Morning Fitness 10:15 am Morning Yoga 4:00 pm Parent and Tot Skate 4:00 pm Family Skate at Outdoor Rink 4:30 pm FREE Friendship Dinner 6:00 pm Badminton Drop In 6:30 pm Blast Class	14 5:30 am Health Club 10:00 am Public Skate 5:30 pm Blast Class 6:15 pm Evening Yoga	15 5:30 am Health Club 9:00 am Morning Fitness 10:15 am Morning Yoga 5:30 pm Blast Class	16 5:30 am Health Club 9:00 am 20/20/20 Fitness Class 10:00 am Public Skate 10:15 am Pilates 4:00 pm Family Skate at Outdoor Rink	17 5:30 am Health Club 9:00 am Morning Fitness 10:15 am Morning Yoga 3:30 pm Public Skate	18 8:00 am Health Club 8:00 am Home Alone Course 10:00 am Family Skate at Outdoor Rink
19 8:00 am Health Club 1:15 pm Free Public Skate	20 5:30 am Health Club 9:00 am Morning Fitness 10:15 am Morning Yoga	21 5:30 am Health Club 10:00 am Public Skate 5:30 pm Blast Class 6:15 pm Evening	22 5:30 am Health Club 9:00 am Morning Fitness 10:15 am Morning Yoga	23 5:30 am Health Club 9:00 am 20/20/20 Fitness Class 10:00 am Public Skate	24 5:30 am Health Club 9:00 am Morning Fitness 10:15 am Morning Yoga	25 8:00 am Health Club 10:00 am Family Skate at Outdoor Rink

	<p>4:00 pm Frosty Night Out</p> <p>4:00 pm Parent and Tot Skate</p> <p>4:00 pm Family Skate at Outdoor Rink</p> <p>6:00 pm Badminton Drop In</p> <p>6:30 pm Blast Class</p>	Yoga	5:30 pm Blast Class	10:15 am Pilates 4:00 pm Family Skate at Outdoor Rink	3:30 pm Public Skate 5:30 pm Friday Fun Night (4-7yrs)	1:30 pm Makers' Workshop: Pottery Workshop
<p>26</p> <p>8:00 am Health Club</p> <p>1:15 pm Free Public Skate</p>	<p>27</p> <p>5:30 am Health Club</p> <p>9:00 am Morning Fitness</p> <p>10:15 am Morning Yoga</p> <p>4:00 pm Parent and Tot Skate</p> <p>4:00 pm Family Skate at Outdoor Rink</p> <p>6:00 pm Badminton Drop In</p> <p>6:30 pm Blast Class</p>	<p>28</p> <p>5:30 am Health Club</p> <p>10:00 am Public Skate</p> <p>5:30 pm Blast Class</p> <p>6:15 pm Evening Yoga</p>	<p>29</p> <p>5:30 am Health Club</p> <p>9:00 am Morning Fitness</p> <p>10:15 am Morning Yoga</p> <p>5:30 pm Blast Class</p>	<p>30</p> <p>5:30 am Health Club</p> <p>9:00 am 20/20/20 Fitness Class</p> <p>10:00 am Public Skate</p> <p>10:15 am Pilates</p> <p>4:00 pm Family Skate at Outdoor Rink</p>	<p>31</p> <p>5:30 am Health Club</p> <p>9:00 am Morning Fitness</p> <p>10:15 am Morning Yoga</p> <p>3:30 pm Public Skate</p>	

<https://events.tillsonburg.ca>