April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		5:30 am Health Club	5:30 am Health Club	5:30 am Health Club	5:30 am Health Club	8:00 am
		6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim	Health Club
		8:30 am Aqua Fit (Baby & Me Aqua	7:30 am Aqua Cycle	8:30 am Aqua Fit (Baby & Me Aqua	7:30 am Aqua Cycle	10:00 am Scan-a- Thon
		Fit) 9:30 am Pickleball Drop In 9:30 am Aqua Jog	8:30 am Aqua Fit (Baby & Me Aqua Fit) 9:00 am Morning Fitness	Fit) 9:00 am 20/20/20 Fitness Class	8:30 am Aqua Fit (Baby & Me Aqua Fit)	11:30 am Adult Swim 1:00 pm Community Swim
				9:30 am Aqua Jog	9:00 am Morning Fitness	
		10:00 am Public Skate	10:15 am Morning Yoga	10:00 am Public Skate	10:00 am Parkinson Society SWO	Swiii
		11:30 am Adult Swim	11:30 am Adult Swim	10:15 am Pilates 11:30 am Adult	Spring Conference 10:15 am Morning	
		5:30 pm Blast Class	1:00 pm Aqua Fit (Baby & Me Aqua	Swim	Yoga 11:30 am Adult Swim	
		6:15 pm Evening Yoga	Fit) 1:00 pm Pickleball	1:00 pm Scan-a- Thon		
		7:30 pm Aqua Cycle 8:30 pm Adult	Drop In	1:00 pm Pickleball Drop In	1:00 pm Aqua Fit (Baby & Me Aqua Fit)	
		Swim	5:30 pm Blast Class	7:30 pm Aqua Cycle	3:30 pm Public	
			7:30 pm Aqua Jog 8:30 pm Adult Swim	8:30 pm Adult Swim	Skate	
6	7	8	9	10	11	12
8:00 am Health Club	5:30 am Health Club	5:30 am Health Club	5:30 am Health Club	5:30 am Health Club	5:30 am Health Club	8:00 am
11:30 am Adult	6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim	Health Club
Swim	7:30 am Aqua Cycle	8:30 am Aqua Fit	7:30 am Aqua Cycle	8:30 am Aqua Fit	7:30 am Aqua Cycle	11:30 am Adult Swim
1:00 pm Community Swim	8:30 am Aqua Fit (Baby & Me Aqua Fit)	(Baby & Me Aqua Fit) 9:30 am Aqua Jog	8:30 am Aqua Fit (Baby & Me Aqua Fit)	(Baby & Me Aqua Fit) 9:00 am 20/20/20	8:30 am Aqua Fit (Baby & Me Aqua Fit)	1:00 pm Community
		9:30 am Pickleball	9:00 am Morning	Fitness Class		Swim
	9:00 am Morning Fitness	Drop In	Fitness	9:30 am Aqua Jog	9:00 am Morning Fitness	
	10:15 am Morning Yoga	10:00 am Public Skate	10:15 am Morning Yoga	10:00 am Public Skate	10:15 am Morning Yoga	
	11:30 am Adult Swim	11:30 am Adult Swim	11:30 am Adult Swim	10:15 am Pilates 11:30 am Adult	11:30 am Adult Swim	
	1:00 pm Aqua Fit (Baby & Me Aqua Fit)	5:30 pm Blast Class 6:15 pm Evening	1:00 pm Aqua Fit (Baby & Me Aqua Fit)	Swim 1:00 pm Pickleball	1:00 pm Aqua Fit (Baby & Me Aqua Fit)	
	4:00 pm Parent and Tot Skate	Yoga 7:30 pm Aqua Cycle	1:00 pm Pickleball Drop In	Drop In 7:30 pm Aqua Cycle	3:30 pm Public Skate	
	6:00 pm Badminton Drop In	8:30 pm Adult Swim	1:30 pm Makers' Workshop: Spring	8:30 pm Adult Swim		
	6:30 pm Blast Class		Bouquet Wool Flowers Workshop			
	7:30 pm Aqua Jog		5:30 pm Blast Class			
	8:30 pm Adult		7:30 pm Aqua Jog			
	Swim		8:30 pm Adult Swim			
13	14	15	16	17	18	19

8:00 am Health Club	5:30 am Health Club	5:30 am Health Club	5:30 am Health Club	5:30 am Health Club		8:00 am
	6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim		Health Club
	7:30 am Aqua Cycle	8:30 am Aqua Fit	7:30 am Aqua Cycle	8:30 am Aqua Fit		11:30 am Adult Swim
	8:30 am Aqua Fit	(Baby & Me Aqua Fit)	8:30 am Aqua Fit	(Baby & Me Aqua Fit)		1:00 pm
	(Baby & Me Aqua Fit)	9:30 am Aqua Jog	(Baby & Me Aqua Fit)	9:00 am 20/20/20		Community Swim
	9:00 am Morning	9:30 am Pickleball	9:00 am Morning	Fitness Class		
	Fitness 10:15 am Morning	Drop In 10:00 am Public	Fitness 10:15 am Morning	9:30 am Aqua Jog 10:00 am Public		
	Yoga Yoga	Skate	Yoga	Skate		
	11:30 am Adult Swim	11:30 am Adult Swim	11:30 am Adult Swim	10:15 am Pilates		
	1:00 pm Aqua Fit	5:30 pm Blast Class	1:00 pm Aqua Fit	11:30 am Adult Swim		
	(Baby & Me Aqua Fit)	6:15 pm Evening Yoga	(Baby & Me Aqua Fit)	1:00 pm Pickleball Drop In		
	4:00 pm Parent and Tot Skate	7:30 pm Aqua Cycle	1:00 pm Pickleball Drop In	7:30 pm Aqua Cycle		
	4:30 pm FREE Friendship Dinner	8:30 pm Adult Swim	1:30 pm Easter Tea and Egg Hunt	8:30 pm Adult Swim		
	6:00 pm Badminton Drop In		5:30 pm Blast Class			
	6:30 pm Blast Class		7:30 pm Aqua Jog			
	7:30 pm Aqua Jog		8:30 pm Adult Swim			
	8:30 pm Adult					
	Swim					
20	21	22	23	24	25	26
8:00 am Health Club		5:30 am Health Club	5:30 am Health Club	5:30 am Health Club	5:30 am Health Club	8:00 am Health Club
11:30 am Adult Swim		6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim	9:00 am
1:00 pm		8:30 am Aqua Fit (Baby & Me Aqua	7:30 am Aqua Cycle 8:30 am Aqua Fit	8:30 am Aqua Fit (Baby & Me Aqua	7:30 am Aqua Cycle 8:30 am Aqua Fit	Kidproof Babysitting
Community Swim		Fit)	(Baby & Me Aqua	Fit)	(Baby & Me Aqua	Course
		9:30 am Aqua Jog 9:30 am Pickleball	Fit) 9:00 am Morning	9:00 am 20/20/20 Fitness Class	Fit) 9:00 am Morning	10:00 am Makers'
		Drop In	Fitness	9:30 am Aqua Jog	Fitness	Workshop: Rug Hooking
		10:00 am Public Skate	10:15 am Morning Yoga	10:00 am Public Skate	10:15 am Morning Yoga	with the Oxwood Rug
		11:30 am Adult Swim	11:30 am Adult Swim	10:15 am Pilates	11:30 am Adult Swim	Hooking Club 11:30 am
		5:30 pm Blast Class	1:00 pm Aqua Fit	11:30 am Adult Swim	12:00 pm Lunch and	Adult Swim
		6:15 pm Evening	(Baby & Me Aqua Fit)	12:00 pm Lunch and	Learn Lecture 3: "Benjamin	1:00 pm Community
		Yoga	1:00 pm Pickleball	Learn Lecture 3: "Benjamin	VanNorman: Co- Founder of	Swim
		7:30 pm Aqua Cycle 8:30 pm Adult	Drop In	VanNorman: Co- Founder of	Tillsonburg?"	
		Swim	5:30 pm Blast Class	Tillsonburg?"	1:00 pm Aqua Fit (Baby & Me Aqua	
			7:30 pm Aqua Jog 8:30 pm Adult Swim	1:00 pm Pickleball Drop In	Fit)	
			0.50 pm riddir 5 vm	7:30 pm Aqua Cycle	3:30 pm Public Skate	
				8:30 pm Adult Swim	Skute	
27	28	29	30			
8:00 am Health Club	5:30 am Health Club	5:30 am Health Club	5:30 am Health Club			
11:30 am Adult	6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim			
Swim	7:30 am Aqua Cycle	8:30 am Aqua Fit	7:30 am Aqua Cycle			
1:00 pm Community Swim	8:30 am Aqua Fit (Baby & Me Aqua Fit)	(Baby & Me Aqua Fit) 9:30 am Pickleball	8:30 am Aqua Fit (Baby & Me Aqua Fit)			
	9:00 am Morning	Drop In	9:00 am Morning			
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Fitness	9:30 am Aqua Jog	Fitness		
10:15 am Morning Yoga	10:00 am Public Skate	10:15 am Morning Yoga		
11:30 am Adult Swim	11:30 am Adult Swim	11:30 am Adult Swim		
1:00 pm Aqua Fit (Baby & Me Aqua Fit)	5:30 pm Blast Class 6:15 pm Evening	1:00 pm Pickleball Drop In		
4:00 pm Parent and Tot Skate	Yoga 7:30 pm Aqua Cycle	Cycle 1:00 pm Aqua Fit (Baby & Me Aqua Fit)		
6:00 pm Badminton Drop In	8:30 pm Adult Swim	5:30 pm Blast Class 7:30 pm Aqua Jog		
6:30 pm Blast Class		8:30 pm Adult Swim		
7:30 pm Aqua Jog		1		
8:30 pm Adult Swim				

https://events.tillsonburg.ca