

# December 2024

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday   |
|--|---|--|---|---|--|--|
| 1<br>8:00 am Health Club                         | 2<br>5:30 am Health Club<br>9:00 am Morning Fitness<br>10:15 am Morning Yoga<br>4:00 pm Parent and Tot Skate<br>6:00 pm Badminton Drop In<br>6:30 pm Blast Class            | 3<br>5:30 am Health Club<br>9:30 am Pickleball Drop In<br>10:00 am Public Skate<br>5:30 pm Blast Class<br>6:15 pm Evening Yoga | 4<br>5:30 am Health Club<br>9:00 am Morning Fitness<br>10:15 am Morning Yoga<br>1:00 pm Pickleball Drop In<br>5:30 pm Blast Class | 5<br>5:30 am Health Club<br>9:00 am 20/20/20 Fitness Class<br>10:00 am Public Skate<br>10:15 am Pilates<br>1:00 pm Pickleball Drop In | 6<br>5:30 am Health Club<br>9:00 am Morning Fitness<br>10:00 am Southwestern Public Health Fall Vaccination event<br>10:15 am Morning Yoga | 7<br>8:00 am Health Club<br>9:00 am Talk Tillsonburg Children Shop for Christmas |
| 8<br>8:00 am Health Club<br>1:15 pm Public Skate | 9<br>9:00 am Morning Fitness<br>10:15 am Morning Yoga<br>4:00 pm Parent and Tot Skate<br>4:30 pm FREE Friendship Dinner<br>6:00 pm Badminton Drop In<br>6:30 pm Blast Class | 10<br>9:30 am Pickleball Drop In<br>10:00 am Public Skate<br>5:30 pm Blast Class<br>6:15 pm Evening Yoga                       | 11<br>9:00 am Morning Fitness<br>10:15 am Morning Yoga<br>1:00 pm Pickleball Drop In<br>5:30 pm Blast Class                       | 12<br>9:00 am 20/20/20 Fitness Class<br>10:00 am Public Skate<br>10:15 am Pilates<br>1:00 pm Pickleball Drop In                       | 13<br>9:00 am Morning Fitness<br>10:15 am Morning Yoga<br>3:30 pm Public Skate<br>6:00 pm Friday Fun Night (8-12yrs)                       | 14<br>9:00 am Kidproof Babysitting Course  |
| 15<br>1:15 pm Free Public Skate                  | 16<br>9:00 am Morning Fitness<br>10:15 am Morning Yoga<br>4:00 pm Parent and Tot Skate<br>6:00 pm Badminton Drop In<br>6:30 pm Blast Class                                  | 17<br>9:30 am Pickleball Drop In<br>10:00 am Public Skate<br>5:30 pm Blast Class<br>6:15 pm Evening Yoga                       | 18<br>9:00 am Morning Fitness<br>10:15 am Morning Yoga<br>1:00 pm Pickleball Drop In<br>5:30 pm Blast Class                       | 19<br>9:00 am 20/20/20 Fitness Class<br>10:00 am Public Skate<br>10:15 am Pilates<br>1:00 pm Pickleball Drop In                       | 20<br>9:00 am Morning Fitness<br>10:15 am Morning Yoga<br>1:30 pm Faux Christmas Trees Tea<br>3:30 pm Public Skate                         | 21<br>10:00 am CHAA Monthly Member's Meeting – Welcome Centre                    |
| 22<br>1:15 pm Free Public Skate                  | 23<br>9:00 am Free Public Skate<br>1:00 pm Free Public Skate  | 24<br>9:00 am Public Skate<br>12:00 pm Community Centre CLOSED   | 25<br>12:00 am Community Centre CLOSED  | 26<br>12:00 am Community Centre CLOSED  | 27<br>9:00 am Free Public Skate<br>1:00 pm Free Public Skate   | 28<br>9:00 am Free Public Skate  |
| 29<br>1:15 pm Free Public Skate                  | 30<br>7:00 am Winter Break Camp<br>9:00 am Free Public Skate<br>1:00 pm Free Public Skate   | 31<br>9:00 am Free Public Skate<br>12:00 pm Community Centre CLOSED  |   |   |  |  |

