

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 6:00 Lane and Leisure Swim 7:30 Aqua Cycle 8:30 Aqua Fit (Baby and Me Aqua Fit) 9:00 Aerobics 9:30 Preschool Playtime Swim 10:15 Yoga 11:30 Lane and Leisure Swim 1:00 Aqua Fit (Baby and Me Aqua Fit) 5:00 Community Swim 6:30 Aqua Cycle 6:30 Full Body Blast 7:30 Aqua Jog 8:30 Lane and Leisure Swim	2 6:00 Lane and Leisure Swim 8:30 Aqua Jog 10:15 Public Skate 11:00 Leisure Swim 12:00 Lane Swim 5:00 Community Swim	3 6:00 Lane and Leisure Swim 8:30 Aqua Fit (Baby and Me Aqua Fit) 9:00 Aerobics 9:30 Preschool Playtime Swim 10:15 Yoga 11:00 Leisure Swim 12:00 Lane Swim 3:30 Public Skate	4 8:00 Home Alone Course 9:30 Lane and Leisure Swim 12:00 Community Swim
5 1:15 Free Public Skate	6 6:00 Lane and Leisure Swim 7:30 Aqua Cycle 8:30 Aqua Fit (Baby and Me Aqua Fit) 9:00 Aerobics 9:30 Preschool Playtime Swim 10:15 Yoga 11:30 Lane and Leisure Swim 1:00 Aqua Fit (Baby and Me Aqua Fit) 5:00 Community Swim 5:45 Full Body Blast 6:30 Aqua Cycle 7:30 Aqua Jog 8:30 Lane and Leisure Swim	7 6:00 Lane and Leisure Swim 8:30 Aqua Jog 11:00 Leisure Swim 12:00 Lane Swim 5:00 Community Swim 6:30 Full Body Blast 7:30 Tillsonburg Horticultural Society	8 6:00 Lane and Leisure Swim 7:30 Aqua Cycle 8:30 Aqua Fit (Baby and Me Aqua Fit) 9:00 Aerobics 9:30 Preschool Playtime Swim 10:15 Yoga 11:30 Lane and Leisure Swim 12:00 Women's Day Chocolate Luncheon @ ANHS 1:00 Aqua Fit (Baby and Me Aqua Fit) 5:00 Community Swim 6:30 Aqua Cycle 6:30 Full Body Blast 7:30 Aqua Jog 8:30 Lane and Leisure Swim	9 6:00 Lane and Leisure Swim 8:30 Aqua Jog 10:15 Public Skate 11:00 Leisure Swim 12:00 Lane Swim 5:00 Community Swim	10 6:00 Lane and Leisure Swim 8:30 Aqua Fit (Baby and Me Aqua Fit) 9:00 Aerobics 9:30 Preschool Playtime Swim 10:15 Yoga 11:00 Leisure Swim 12:00 Lane Swim 3:30 Public Skate	11 9:30 Lane and Leisure Swim 12:00 Free Community Swim
12	13	14	15	16	17	18

1:15 Free Public Skate	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	9:30 Lane and Leisure Swim
	7:00 March Break Camp	7:00 March Break Camp	7:00 March Break Camp	7:00 March Break Camp	7:00 March Break Camp	12:00 Community Swim
	7:30 Aqua Cycle	8:30 Aqua Jog	7:30 Aqua Cycle	8:30 Aqua Jog	7:30 Aqua Cycle	
	8:30 Aqua Fit (Baby and Me Aqua Fit)	10:00 That 70's March Break Program @ ANHS	8:30 Aqua Fit (Baby and Me Aqua Fit)	10:00 That 70's March Break Program @ ANHS	8:30 Aqua Fit (Baby and Me Aqua Fit)	
	9:30 Preschool Playtime Swim	10:15 Free Public Skate	9:30 Preschool Playtime Swim	10:15 Free Public Skate	9:30 Preschool Playtime Swim	
	10:00 That 70's March Break Program @ ANHS	11:00 Leisure Swim	10:00 Free Public Skate	11:00 Leisure Swim	10:00 That 70's March Break Program @ ANHS	
	10:00 Free Public Skate	12:00 Lane Swim	10:00 That 70's March Break Program @ ANHS	12:00 Lane Swim	10:00 Free Public Skate	
	11:30 Lane and Leisure Swim	2:00 Community Swim	11:30 Lane and Leisure Swim	2:00 Community Swim	11:00 Leisure Swim	
	1:00 Aqua Fit (Baby and Me Aqua Fit)	2:00 Backflow Prevention - Public Consultation Centre	1:00 Aqua Fit (Baby and Me Aqua Fit)	5:00 Community Swim	12:00 Lane Swim	
	2:00 Free Community Swim	5:00 Community Swim	2:00 Community Swim		1:00 Free Community Swim	
	5:00 Community Swim		5:00 Community Swim		3:30 Public Skate	
	6:30 Aqua Cycle		6:30 Aqua Cycle			
	7:30 Aqua Jog		7:30 Aqua Jog			
	8:30 Lane and Leisure Swim		8:30 Lane and Leisure Swim			
19 1:15 Free Public Skate	20 6:00 Lane and Leisure Swim 7:30 Aqua Cycle 8:30 Aqua Fit (Baby and Me Aqua Fit) 9:00 Aerobics 9:30 Preschool Playtime Swim 10:15 Yoga 11:30 Lane and Leisure Swim 1:00 Aqua Fit (Baby and Me Aqua Fit) 5:00 Community Swim 5:45 Full Body Blast 6:30 Aqua Cycle 6:30 Yoga Blast 7:30 Aqua Jog 8:30 Lane and Leisure Swim	21 6:00 Lane and Leisure Swim 8:30 Aqua Jog 10:15 Public Skate 11:00 Leisure Swim 12:00 Lane Swim 5:00 Community Swim 6:30 Full Body Blast	22 6:00 Lane and Leisure Swim 7:30 Aqua Cycle 8:30 Aqua Fit (Baby and Me Aqua Fit) 9:00 Aerobics 9:30 Preschool Playtime Swim 10:15 Yoga 11:30 Lane and Leisure Swim 1:00 Aqua Fit (Baby and Me Aqua Fit) 5:00 Community Swim 6:30 Aqua Cycle 6:30 Full Body Blast 7:30 Aqua Jog 8:30 Lane and Leisure Swim	23 6:00 Lane and Leisure Swim 8:30 Aqua Jog 10:15 Public Skate 11:00 Leisure Swim 12:00 Lane Swim 5:00 Community Swim	24 6:00 Lane and Leisure Swim 7:30 Aqua Cycle 8:30 Aqua Fit (Baby and Me Aqua Fit) 9:00 Aerobics 9:30 Preschool Playtime Swim 10:15 Yoga 11:00 Leisure Swim 12:00 Lane Swim 3:30 Public Skate	25 12:00 Free Community Swim
26 1:15 Free Public Skate	27 9:00 Aerobics 10:15 Yoga 5:45 Full Body Blast 6:30 Yoga Blast	28 6:00 Lane and Leisure Swim 8:30 Aqua Jog 9:30 Preschool Playtime Swim 10:15 Public Skate 11:00 Leisure Swim	29 6:00 Lane and Leisure Swim 7:30 Aqua Cycle 8:30 Aqua Fit (Baby and Me Aqua Fit) 9:00 Aerobics 9:30 Preschool	30 6:00 Lane and Leisure Swim 8:30 Aqua Jog 9:30 Preschool Playtime Swim 10:15 Public Skate 11:00 Leisure Swim	31 6:00 Lane and Leisure Swim 7:30 Aqua Cycle 8:30 Aqua Fit (Baby and Me Aqua Fit) 9:00 Aerobics 9:30 Preschool	

		12:00 Lane Swim 6:30 Full Body Blast	Playtime Swim 10:15 Yoga 11:30 Lane and Leisure Swim 1:00 Aqua Fit (Baby and Me Aqua Fit) 5:00 Community Swim 6:30 Aqua Cycle 6:30 Full Body Blast 7:30 Aqua Jog 8:30 Lane and Leisure Swim	12:00 Lane Swim	Playtime Swim 10:15 Yoga 11:00 Leisure Swim 12:00 Lane Swim 6:00 Friday Night Hangout (Age 8 - 12yrs)	
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<https://events.tillsonburg.ca>