March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	8:00 Home Alone Course
			7:30 Aqua Cycle	8:30 Aqua Jog	8:30 Aqua Fit (Baby	9:30 Lane and
			8:30 Aqua Fit (Baby and Me Aqua Fit)	10:15 Public Skate 11:00 Leisure Swim	and Me Aqua Fit) 9:00 Aerobics	Leisure Swim 12:00 Community
			9:00 Aerobics	12:00 Lane Swim	9:30 Preschool Playtime Swim	Swim
			9:30 Preschool Playtime Swim	5:00 Community Swim	10:15 Yoga	
			10:15 Yoga	Swim	11:00 Leisure Swim	
			11:30 Lane and Leisure Swim		12:00 Lane Swim 3:30 Public Skate	
			1:00 Aqua Fit (Baby and Me Aqua Fit)		3.30 I ubile Skale	
			5:00 Community Swim			
			6:30 Aqua Cycle			
			6:30 Full Body Blast			
			7:30 Aqua Jog			
			8:30 Lane and Leisure Swim			
5	6	7	8	9	10	11
1:15 Free Public Skate	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	9:30 Lane and Leisure Swim
	7:30 Aqua Cycle	8:30 Aqua Jog	7:30 Aqua Cycle	8:30 Aqua Jog	8:30 Aqua Fit (Baby	12:00 Free
	8:30 Aqua Fit (Baby and Me Aqua Fit)	11:00 Leisure Swim	8:30 Aqua Fit (Baby and Me Aqua Fit)	10:15 Public Skate	and Me Aqua Fit) 9:00 Aerobics	Community Swim
	9:00 Aerobics	12:00 Lane Swim	9:00 Aerobics	11:00 Leisure Swim	9:30 Preschool	
	9:30 Preschool	5:00 Community Swim	9:30 Preschool	12:00 Lane Swim	Playtime Swim	
	Playtime Swim	6:30 Full Body Blast	Playtime Swim	5:00 Community Swim	10:15 Yoga	
	10:15 Yoga	7:30 Tillsonburg	10:15 Yoga		11:00 Leisure Swim	
	11:30 Lane and Leisure Swim	Horticultural Society	11:30 Lane and Leisure Swim		12:00 Lane Swim 3:30 Public Skate	
	1:00 Aqua Fit (Baby and Me Aqua Fit)		12:00 Women's Day Chocolate Luncheon		3.30 Fublic Skale	
	5:00 Community Swim		@ ANHS 1:00 Aqua Fit (Baby			
	5:45 Full Body Blast		and Me Aqua Fit)			
	6:30 Aqua Cycle		5:00 Community Swim			
	7:30 Aqua Jog		6:30 Aqua Cycle			
	8:30 Lane and Leisure Swim		6:30 Full Body Blast			
	Zeros Swill		7:30 Aqua Jog			
			8:30 Lane and Leisure Swim			
12	13	14	15	16	17	18

1:15 Free Public Skate	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	9:30 Lane and Leisure Swim
	7:00 March Break Camp	7:00 March Break Camp	7:00 March Break Camp	7:00 March Break Camp	7:00 March Break Camp	12:00 Community
	7:30 Aqua Cycle	8:30 Aqua Jog	7:30 Aqua Cycle	8:30 Aqua Jog	7:30 Aqua Cycle	Swim
	8:30 Aqua Fit (Baby and Me Aqua Fit)	10:00 That 70's March Break	8:30 Aqua Fit (Baby and Me Aqua Fit)	10:00 That 70's March Break	8:30 Aqua Fit (Baby and Me Aqua Fit)	
	9:30 Preschool Playtime Swim	Program @ ANHS 10:15 Free Public	9:30 Preschool Playtime Swim	Program @ ANHS 10:15 Free Public	9:30 Preschool Playtime Swim	
	10:00 That 70's March Break	Skate 11:00 Leisure Swim	10:00 Free Public Skate	Skate 11:00 Leisure Swim	10:00 That 70's March Break	
	Program @ ANHS 10:00 Free Public Skate	12:00 Lane Swim 2:00 Community	10:00 That 70's March Break Program @ ANHS	12:00 Lane Swim 2:00 Community	Program @ ANHS 10:00 Free Public Skate	
	11:30 Lane and Leisure Swim	Swim 2:00 Backflow	11:30 Lane and Leisure Swim	Swim 5:00 Community	11:00 Leisure Swim	
	1:00 Aqua Fit (Baby and Me Aqua Fit)	Prevention - Public Consultation Centre 5:00 Community	1:00 Aqua Fit (Baby and Me Aqua Fit)	Swim	1:00 Free Community Swim	
	2:00 Free Community Swim	Swim	2:00 Community Swim		3:30 Public Skate	
	5:00 Community Swim		5:00 Community Swim			
	6:30 Aqua Cycle		6:30 Aqua Cycle			
	7:30 Aqua Jog 8:30 Lane and		7:30 Aqua Jog 8:30 Lane and			
	Leisure Swim		Leisure Swim			
19	20	21	22	23	24	25
1:15 Free Public Skate	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	6:00 Lane and Leisure Swim	12:00 Free Community Swim
	7:30 Aqua Cycle	8:30 Aqua Jog	7:30 Aqua Cycle	8:30 Aqua Jog	7:30 Aqua Cycle	Swim
	8:30 Aqua Fit (Baby and Me Aqua Fit)	10:15 Public Skate 11:00 Leisure Swim	8:30 Aqua Fit (Baby and Me Aqua Fit)	10:15 Public Skate 11:00 Leisure Swim	8:30 Aqua Fit (Baby and Me Aqua Fit)	
	9:00 Aerobics	12:00 Lane Swim	9:00 Aerobics	12:00 Lane Swim	9:00 Aerobics	
	9:30 Preschool Playtime Swim	5:00 Community Swim	9:30 Preschool Playtime Swim	5:00 Community Swim	9:30 Preschool Playtime Swim	
	10:15 Yoga	6:30 Full Body Blast	10:15 Yoga		10:15 Yoga	
	11:30 Lane and Leisure Swim		11:30 Lane and Leisure Swim		11:00 Leisure Swim 12:00 Lane Swim	
	1:00 Aqua Fit (Baby and Me Aqua Fit)		1:00 Aqua Fit (Baby and Me Aqua Fit)		3:30 Public Skate	
	5:00 Community Swim		5:00 Community Swim			
	5:45 Full Body Blast		6:30 Aqua Cycle			
	6:30 Aqua Cycle		6:30 Full Body Blast			
	6:30 Yoga Blast		7:30 Aqua Jog			
	7:30 Aqua Jog 8:30 Lane and		8:30 Lane and Leisure Swim			
	Leisure Swim					
26	27	28	29	30	31	
1:15 Free Public Skate	9:00 Aerobics	6:00 Lane and Leisure Swim	6:00 Lane and	6:00 Lane and Leisure Swim	6:00 Lane and	
Skale	10:15 Yoga	8:30 Aqua Jog	Leisure Swim 7:30 Aqua Cycle	8:30 Aqua Jog	Leisure Swim 7:30 Aqua Cycle	
	5:45 Full Body Blast	9:30 Preschool	8:30 Aqua Fit (Baby	9:30 Preschool	8:30 Aqua Fit (Baby	
	6:30 Yoga Blast	Playtime Swim	and Me Aqua Fit)	Playtime Swim	and Me Aqua Fit)	
		10:15 Public Skate	9:00 Aerobics	10:15 Public Skate	9:00 Aerobics	
		11:00 Leisure Swim	9:30 Preschool	11:00 Leisure Swim	9:30 Preschool	

	12:00 Lane Swim	Playtime Swim	12:00 Lane Swim	Playtime Swim	
	6:30 Full Body Blast	10:15 Yoga		10:15 Yoga	
	,	11:30 Lane and		11:00 Leisure Swim	
		Leisure Swim		12:00 Lane Swim	
		1:00 Aqua Fit (Baby and Me Aqua Fit)		6:00 Friday Night	
		5:00 Community Swim		Hangout (Age 8 - 12yrs)	
		6:30 Aqua Cycle			
		6:30 Full Body Blast			
		7:30 Aqua Jog			
		8:30 Lane and Leisure Swim			

https://events.tillsonburg.ca