

Friday, March 1, 2024

Health Club

Date and Time: Friday, March 1 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Morning Fitness

Date and Time: Friday, March 1 9:00 am - 10:00 am

Address: 45 Hardy Avenue Tillsonburg

This class is designed for any level of fitness. Class includes fun and energizing low impact aerobics, muscular conditioning exercises and ends with a relaxing stretch.

Morning Yoga

Date and Time: Friday, March 1 10:15 am - 11:15 am

Address: 45 Hardy Avenue Tillsonburg

This class uses a variety of yoga poses, stretching principles and movements combined with breathing and relaxation techniques to reduce muscle tension and stress.

Public Skate

Date and Time: Friday, March 1 3:30 pm - 5:00 pm

Address: 45 Hardy Avenue Tillsonburg

Join us for a public skate. Please bring your own skates. Helmets are recommended. Skate aids are available for those in need.

Fee: Toddlers (under 2) - Free / Ages 2-13yrs - \$2.70 / Ages 14+ - \$5.20 / Family (max. 5 people) - \$12.70

Skate Passes are also available: 20 passes - \$75.40+tax. (Passes expire two years from purchase date.)

Saturday, March 2, 2024

Health Club

Date and Time: Saturday, March 2 8:00 am - 4:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Sunday, March 3, 2024

Health Club

Date and Time: Sunday, March 3 8:00 am - 4:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Free Public Skate

Date and Time: Sunday, March 3 1:15 pm - 2:45 pm

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by Tillsonburg Police Services Board.

Monday, March 4, 2024

Health Club

Date and Time: Monday, March 4 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Morning Fitness

Date and Time: Monday, March 4 9:00 am - 10:00 am

Address: 45 Hardy Avenue Tillsonburg

This class is designed for any level of fitness. Class includes fun and energizing low impact aerobics, muscular conditioning exercises and ends with a relaxing stretch.

Morning Yoga

Date and Time: Monday, March 4 10:15 am - 11:15 am

Address: 45 Hardy Avenue Tillsonburg

This class uses a variety of yoga poses, stretching principles and movements combined with breathing and relaxation techniques to reduce muscle tension and stress.

Blast Class

Date and Time: Monday, March 4 6:30 pm - 7:00 pm

Address: 45 Hardy Avenue Tillsonburg

A combination of HIIT training and muscle conditioning designed to fit into any schedule and provide you with an effective fitness class in just 30 minutes.

Tuesday, March 5, 2024

Health Club

Date and Time: Tuesday, March 5 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and of

feres a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Public Skate

Date and Time: Tuesday, March 5 10:00 am - 11:30 am

Address: 45 Hardy Avenue Tillsonburg

Join us for a public skate. Please bring your own skates. Helmets are recommended. Skate aids are available for those in need.

Fee: Toddlers (under 2) - Free / Ages 2-13yrs - \$2.70 / Ages 14+ - \$5.20 / Family (max. 5 people) - \$12.70

Skate Passes are also available: 20 passes - \$75.40+tax. (Passes expire two years from purchase date.)

Blast Class

Date and Time: Tuesday, March 5 5:30 pm - 6:00 pm

Address: 45 Hardy Avenue Tillsonburg

A combination of HIIT training and muscle conditioning designed to fit into any schedule and provide you with an effective fitness class in just 30 minutes.

Wednesday, March 6, 2024

Health Club

Date and Time: Wednesday, March 6 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Morning Fitness

Date and Time: Wednesday, March 6 9:00 am - 10:00 am

Address: 45 Hardy Avenue Tillsonburg

This class is designed for any level of fitness. Class includes fun and energizing low impact aerobics, muscular conditioning exercises and ends with a relaxing stretch.

Morning Yoga

Date and Time: Wednesday, March 6 10:15 am - 11:15 am

Address: 45 Hardy Avenue Tillsonburg

This class uses a variety of yoga poses, stretching principles and movements combined with breathing and relaxation techniques to reduce muscle tension and stress.

Blast Class

Date and Time: Wednesday, March 6 5:30 pm - 6:00 pm

Address: 45 Hardy Avenue Tillsonburg

A combination of HIIT training and muscle conditioning designed to fit into any schedule and provide you with an effective fitness class in just 30 minutes.

“Treat Yourself: Self Care at the Museum”

Date and Time: Wednesday, March 6 6:30 pm - 8:30 pm

Address: 30 Tillson Ave

“Treat Yourself: Self Care at the Museum”

Date: Wednesday, March 6th, 2024

Time: 6:30 p.m. to 8:30 p.m.

Cost: By Donation

Join Museum staff as well celebrate “self-care” with local vendors. **Preregistration is required.**

Thursday, March 7, 2024

Health Club

Date and Time: Thursday, March 7 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Public Skate

Date and Time: Thursday, March 7 10:15 am - 11:45 am

Address: 45 Hardy Avenue Tillsonburg

Join us for a public skate. Please bring your own skates. Helmets are recommended. Skate aids are available for those in need.

Fee: Toddlers (under 2) - Free / Ages 2-13yrs - \$2.70 / Ages 14+ - \$5.20 / Family (max. 5 people) - \$12.70

Skate Passes are also available: 20 passes - \$75.40+tax. (Passes expire two years from purchase date.)

Friday, March 8, 2024

Health Club

Date and Time: Friday, March 8 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Morning Fitness

Date and Time: Friday, March 8 9:00 am - 10:00 am

Address: 45 Hardy Avenue Tillsonburg

This class is designed for any level of fitness. Class includes fun and energizing low impact aerobics, muscular conditioning exercises and ends with a relaxing stretch.

Morning Yoga

Date and Time: Friday, March 8 10:15 am - 11:15 am

Address: 45 Hardy Avenue Tillsonburg

This class uses a variety of yoga poses, stretching principles and movements combined with breathing and relaxation techniques to reduce muscle tension and stress.

“Women’s Day Flower Luncheon”

Date and Time: Friday, March 8 12:00 pm

Address: 30 Tillson Ave

“Women’s Day Flower Luncheon”

Date: Friday, March 8th, 2024

Time: 12:00 p.m. to 2:00 p.m.

Cost: \$35.75 (Tax Included)

Come and celebration International Women’s Day with a luncheon inspired by the flora that surrounds us. **Preregistration is required.**

Public Skate

Date and Time: Friday, March 8 3:30 pm - 5:00 pm

Address: 45 Hardy Avenue Tillsonburg

Join us for a public skate. Please bring your own skates. Helmets are recommended. Skate aids are available for those in need.

Fee: Toddlers (under 2) - Free / Ages 2-13yrs - \$2.70 / Ages 14+ - \$5.20 / Family (max. 5 people) - \$12.70

Skate Passes are also available: 20 passes - \$75.40+tax. (Passes expire two years from purchase date.)

Saturday, March 9, 2024

Health Club

Date and Time: Saturday, March 9 8:00 am - 4:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Family Fun Dazes

Date and Time: Saturday, March 9 1:00 pm

Address: 30 Tillson Ave

Family Fun Dazes

Time: 1:00 p.m.

Cost: \$18.00 a family

Join Museum Staff as we celebrate a new theme every month with crafts, stories and museum adventures.

Pre-registration required.

January 13th: Arctic Animals

February 10th: Valentine's Day

March 9th: Catch a Leprechaun

April 13th: April Showers

September 21st: Fall Foods

October 19th: Pumpkins

Sunday, March 10, 2024

Health Club

Date and Time: Sunday, March 10 8:00 am - 4:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Free Public Skate

Date and Time: Sunday, March 10 1:15 pm - 2:45 pm

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by NAPA Whyte Auto Parts Inc.

Monday, March 11, 2024

Health Club

Date and Time: Monday, March 11 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

March Break Camp

Date and Time: Monday, March 11 7:00 am - 5:00 pm

Address: 45 Hardy Avenue Tillsonburg

Campers will enjoy a variety of fun, interactive and co-operative activities each day. Activities will include sports, outdoor play, crafts, drama, skating and more.

Camp is open for full-week registration only.

Register online www.townoftillsonburg.perfectmind.com , by phone or in person.

Free Public Skate

Date and Time: Monday, March 11 9:00 am - 10:30 am

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by Equipment Centre 2.0.

“Where the Wild Things Roam: March Break at the Museum”

Date and Time: Monday, March 11 10:30 am - 12:00 pm

Address: 30 Tillson Ave

“Where the Wild Things Roam: March Break at the Museum”

Date: March 11th to 15th, 2024

Time: 10:30 a.m. to 12:00 p.m.

Cost: \$24.00 per day

“Where the Wild Things Roam: March Break at the Museum” is a celebration of animals! Each day we will be celebrating an animal with a connection to the Museum. This program is geared towards children ages 6-10. **All materials and supplies are provided. Preregistration is required.**

Monday, March 11th: Farm Animals

Tuesday, March 12th: Song Birds

Wednesday, March 13th: Turtles

Thursday, March 14th: Otters

Friday March 15th: Parrots

Free Public Skate

Date and Time: Monday, March 11 1:00 pm - 2:30 pm

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by Horizon Maintenance Inc.

Tuesday, March 12, 2024

Health Club

Date and Time: Tuesday, March 12 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

March Break Camp

Date and Time: Tuesday, March 12 7:00 am - 5:00 pm

Address: 45 Hardy Avenue Tillsonburg

Campers will enjoy a variety of fun, interactive and co-operative activities each day. Activities will include sports, outdoor play, crafts, drama, skating and more.

Camp is open for full-week registration only.

Register online www.townofillsonburg.perfectmind.com , by phone or in person.

Free Public Skate

Date and Time: Tuesday, March 12 9:00 am - 10:30 am

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by St. Mary's CWL.

“Where the Wild Things Roam: March Break at the Museum”

Date and Time: Tuesday, March 12 10:30 am - 12:00 pm

Address: 30 Tillson Ave

“Where the Wild Things Roam: March Break at the Museum”

Date: March 11th to 15th, 2024

Time: 10:30 a.m. to 12:00 p.m.

Cost: \$24.00 per day

“Where the Wild Things Roam: March Break at the Museum” is a celebration of animals! Each day we will be celebrating an animal with a connection to the Museum. This program is geared towards children ages 6-10. **All materials and supplies are provided. Preregistration is required.**

Monday, March 11th: Farm Animals

Tuesday, March 12th: Song Birds

Wednesday, March 13th: Turtles

Thursday, March 14th: Otters

Friday March 15th: Parrots

Free Public Skate

Date and Time: Tuesday, March 12 1:00 pm - 2:30 pm

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by Ana Jayne - RBC Wealth Management.

Wednesday, March 13, 2024

Health Club

Date and Time: Wednesday, March 13 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

March Break Camp

Date and Time: Wednesday, March 13 7:00 am - 5:00 pm

Address: 45 Hardy Avenue Tillsonburg

Campers will enjoy a variety of fun, interactive and co-operative activities each day. Activities will include sports, outdoor play, crafts, drama, skating and more.

Camp is open for full-week registration only.

Register online www.townoftillsonburg.perfectmind.com , by phone or in person.

Free Public Skate

Date and Time: Wednesday, March 13 9:00 am - 10:30 am

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by Tim Hortons Oxford & Simcoe Street Locations.

“Where the Wild Things Roam: March Break at the Museum”

Date and Time: Wednesday, March 13 10:30 am - 12:00 pm

Address: 30 Tillson Ave

“Where the Wild Things Roam: March Break at the Museum”

Date: March 11th to 15th, 2024

Time: 10:30 a.m. to 12:00 p.m.

Cost: \$24.00 per day

“Where the Wild Things Roam: March Break at the Museum” is a celebration of animals! Each day we will be celebrating an animal with a connection to the Museum. This program is geared towards children ages 6-10. **All materials and supplies are provided. Preregistration is required.**

Monday, March 11th: Farm Animals

Tuesday, March 12th: Song Birds

Wednesday, March 13th: Turtles

Thursday, March 14th: Otters

Friday March 15th: Parrots

Free Public Skate

Date and Time: Wednesday, March 13 1:00 pm - 2:30 pm

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by Ernie Hardeman.

There will be hot chocolate and cookies available, while supplies last.

Thursday, March 14, 2024

Health Club

Date and Time: Thursday, March 14 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

March Break Camp

Date and Time: Thursday, March 14 7:00 am - 5:00 pm

Address: 45 Hardy Avenue Tillsonburg

Campers will enjoy a variety of fun, interactive and co-operative activities each day. Activities will include sports, outdoor play, crafts, drama, skating and more.

Camp is open for full-week registration only.

Register online www.townofillsonburg.perfectmind.com , by phone or in person.

Free Public Skate

Date and Time: Thursday, March 14 9:00 am - 10:30 am

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by Oxford County Paramedics Local 114.

“Where the Wild Things Roam: March Break at the Museum”

Date and Time: Thursday, March 14 10:30 am - 12:00 pm

Address: 30 Tillson Ave

“Where the Wild Things Roam: March Break at the Museum”

Date: March 11th to 15th, 2024

Time: 10:30 a.m. to 12:00 p.m.

Cost: \$24.00 per day

“Where the Wild Things Roam: March Break at the Museum” is a celebration of animals! Each day we will be celebrating an animal with a connection to the Museum. This program is geared towards children ages 6-10. **All materials and supplies are provided. Preregistration is required.**

Monday, March 11th: Farm Animals

Tuesday, March 12th: Song Birds

Wednesday, March 13th: Turtles

Thursday, March 14th: Otters

Friday March 15th: Parrots

Free Public Skate

Date and Time: Thursday, March 14 1:00 pm - 2:30 pm

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by CUPE 7575.

Friday, March 15, 2024

Health Club

Date and Time: Friday, March 15 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

March Break Camp

Date and Time: Friday, March 15 7:00 am - 5:00 pm

Address: 45 Hardy Avenue Tillsonburg

Campers will enjoy a variety of fun, interactive and co-operative activities each day. Activities will include sports, outdoor play, crafts, drama, skating and more.

Camp is open for full-week registration only.

Register online www.townoftillsonburg.perfectmind.com , by phone or in person.

Free Public Skate

Date and Time: Friday, March 15 9:00 am - 10:30 am

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by Stubbe's Precast.

“Where the Wild Things Roam: March Break at the Museum”

Date and Time: Friday, March 15 10:30 am - 12:00 pm

Address: 30 Tillson Ave

“Where the Wild Things Roam: March Break at the Museum”

Date: March 11th to 15th, 2024

Time: 10:30 a.m. to 12:00 p.m.

Cost: \$24.00 per day

“Where the Wild Things Roam: March Break at the Museum” is a celebration of animals! Each day we will be celebrating an animal with a connection to the Museum. This program is geared towards children ages 6-10. **All materials and supplies are provided. Preregistration is required.**

Monday, March 11th: Farm Animals

Tuesday, March 12th: Song Birds

Wednesday, March 13th: Turtles

Thursday, March 14th: Otters

Friday March 15th: Parrots

Free Public Skate

Date and Time: Friday, March 15 1:00 pm - 2:30 pm

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by Martinrea.

Saturday, March 16, 2024

Health Club

Date and Time: Saturday, March 16 8:00 am - 4:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and of

feres a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Sunday, March 17, 2024

Health Club

Date and Time: Sunday, March 17 8:00 am - 4:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and of
feres a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Free Public Skate

Date and Time: Sunday, March 17 1:15 pm - 2:45 pm

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by Impact EON.

Monday, March 18, 2024

Health Club

Date and Time: Monday, March 18 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and of
feres a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Morning Fitness

Date and Time: Monday, March 18 9:00 am - 10:00 am

Address: 45 Hardy Avenue Tillsonburg

This class is designed for any level of fitness. Class includes fun and energizing low impact aerobics, muscular conditioning exercises and ends with a relaxing stretch.

Morning Yoga

Date and Time: Monday, March 18 10:15 am - 11:15 am

Address: 45 Hardy Avenue Tillsonburg

This class uses a variety of yoga poses, stretching principles and movements combined with breathing and relaxation techniques to reduce muscle tension and stress.

Blast Class

Date and Time: Monday, March 18 6:30 pm - 7:00 pm

Address: 45 Hardy Avenue Tillsonburg

A combination of HIIT training and muscle conditioning designed to fit into any schedule and provide you with an effective fitness class in just 30 minutes.

Tuesday, March 19, 2024

Health Club

Date and Time: Tuesday, March 19 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Public Skate

Date and Time: Tuesday, March 19 10:00 am - 11:30 am

Address: 45 Hardy Avenue Tillsonburg

Join us for a public skate. Please bring your own skates. Helmets are recommended. Skate aids are available for those in need.

Fee: Toddlers (under 2) - Free / Ages 2-13yrs - \$2.70 / Ages 14+ - \$5.20 / Family (max. 5 people) - \$12.70

Skate Passes are also available: 20 passes - \$75.40+tax. (Passes expire two years from purchase date.)

Blast Class

Date and Time: Tuesday, March 19 5:30 pm - 6:00 pm

Address: 45 Hardy Avenue Tillsonburg

A combination of HIIT training and muscle conditioning designed to fit into any schedule and provide you with an effective fitness class in just 30 minutes.

Pickleball Open House

Date and Time: Tuesday, March 19 6:00 pm - 8:00 pm

Address: 45 Hardy Avenue Tillsonburg

Come learn about the brand new courts coming to Tillsonburg this summer and enjoy a special presentation from Pickleball Ontario.

Location: Tillsonburg Community Centre

Wednesday, March 20, 2024

Health Club

Date and Time: Wednesday, March 20 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Morning Fitness

Date and Time: Wednesday, March 20 9:00 am - 10:00 am

Address: 45 Hardy Avenue Tillsonburg

This class is designed for any level of fitness. Class includes fun and energizing low impact aerobics, muscular conditioning exercises and ends with a relaxing stretch.

Morning Yoga

Date and Time: Wednesday, March 20 10:15 am - 11:15 am

Address: 45 Hardy Avenue Tillsonburg

This class uses a variety of yoga poses, stretching principles and movements combined with breathing and relaxation techniques to reduce muscle tension and stress.

Blast Class

Date and Time: Wednesday, March 20 5:30 pm - 6:00 pm

Address: 45 Hardy Avenue Tillsonburg

A combination of HIIT training and muscle conditioning designed to fit into any schedule and provide you with an effective fitness class in just 30 minutes.

Thursday, March 21, 2024

Health Club

Date and Time: Thursday, March 21 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Public Skate

Date and Time: Thursday, March 21 10:15 am - 11:45 am

Address: 45 Hardy Avenue Tillsonburg

Join us for a public skate. Please bring your own skates. Helmets are recommended. Skate aids are available for those in need.

Fee: Toddlers (under 2) - Free / Ages 2-13yrs - \$2.70 / Ages 14+ - \$5.20 / Family (max. 5 people) - \$12.70

Skate Passes are also available: 20 passes - \$75.40+tax. (Passes expire two years from purchase date.)

Lunch and Learn 2024: “The History of Flue-Cured Tobacco in Tillsonburg and Area.”

Date and Time: Thursday, March 21 12:00 pm

Address: 30 Tillson Ave

“The History of Flue-Cured Tobacco in Tillsonburg and Area.”

Presented by Joan Weston

Dates: Thursday, March 21st or Friday, March 22nd

Cost: \$35.75 single ticket or \$119.25 for series pass

Time: 12:00 p.m.

Friday, March 22, 2024

Health Club

Date and Time: Friday, March 22 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Morning Fitness

Date and Time: Friday, March 22 9:00 am - 10:00 am

Address: 45 Hardy Avenue Tillsonburg

This class is designed for any level of fitness. Class includes fun and energizing low impact aerobics, muscular conditioning exercises and ends with a relaxing stretch.

Morning Yoga

Date and Time: Friday, March 22 10:15 am - 11:15 am

Address: 45 Hardy Avenue Tillsonburg

This class uses a variety of yoga poses, stretching principles and movements combined with breathing and relaxation techniques to reduce muscle tension and stress.

Lunch and Learn 2024: “The History of Flue-Cured Tobacco in Tillsonburg and Area.”

Date and Time: Friday, March 22 12:00 pm

Address: 30 Tillson Ave

“The History of Flue-Cured Tobacco in Tillsonburg and Area.”

Presented by Joan Weston

Dates: Thursday, March 21st or Friday, March 22nd

Cost: \$35.75 single ticket or \$119.25 for series pass

Time: 12:00 p.m.

Public Skate

Date and Time: Friday, March 22 3:30 pm - 5:00 pm

Address: 45 Hardy Avenue Tillsonburg

Join us for a public skate. Please bring your own skates. Helmets are recommended. Skate aids are available for those in need.

Fee: Toddlers (under 2) - Free / Ages 2-13yrs - \$2.70 / Ages 14+ - \$5.20 / Family (max. 5 people) - \$12.70

Skate Passes are also available: 20 passes - \$75.40+tax. (Passes expire two years from purchase date.)

Friday Night Fun (8-12yr olds)

Date and Time: Friday, March 22 6:00 pm - 8:00 pm

Address: 45 Hardy Avenue Tillsonburg

Kick the weekend off with new friends. Each Friday Night Fun will have a different activity to enjoy. Select the dates your child wishes to join.

January 26 - Games Night

March 22 - Spring Treats

April 26 - Mandala Art

Register online: www.townofillsonburg.perfectmind.com, by phone or in person.

Fee: \$12.90/child/night

Saturday, March 23, 2024

Health Club

Date and Time: Saturday, March 23 8:00 am - 4:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Infant and Child CPR

Date and Time: Saturday, March 23 10:00 am - 12:00 pm

Address: 45 Hardy Avenue Tillsonburg

Have a little one or waiting for baby to arrive? Parenting is a big responsibility and one never knows when an emergency may happen. We can help ensure you are ready for anything. This course will cover infant and child CPR, choking and other pertinent first aid skills.

Registration Online available at www.townoftillsonburg.perfectmind.com , by phone or in person.

Sunday, March 24, 2024

Health Club

Date and Time: Sunday, March 24 8:00 am - 4:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Monday, March 25, 2024

Date and Time: Monday, March 25 12:05 am - 12:10 am

Address: 45 Hardy Avenue Tillsonburg

The Spring Summer Recreation Guide will be released online www.tillsonburg.ca.

Registration will open on Wednesday March 27.

Health Club

Date and Time: Monday, March 25 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Morning Fitness

Date and Time: Monday, March 25 9:00 am - 10:00 am

Address: 45 Hardy Avenue Tillsonburg

This class is designed for any level of fitness. Class includes fun and energizing low impact aerobics, muscular conditioning exercises and ends with a relaxing stretch.

Morning Yoga

Date and Time: Monday, March 25 10:15 am - 11:15 am

Address: 45 Hardy Avenue Tillsonburg

This class uses a variety of yoga poses, stretching principles and movements combined with breathing and relaxation techniques to reduce muscle tension and stress.

Blast Class

Date and Time: Monday, March 25 6:30 pm - 7:00 pm

Address: 45 Hardy Avenue Tillsonburg

A combination of HIIT training and muscle conditioning designed to fit into any schedule and provide you with an effective fitness class in just 30 minutes.

Tuesday, March 26, 2024

Health Club

Date and Time: Tuesday, March 26 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Public Skate

Date and Time: Tuesday, March 26 10:00 am - 11:30 am

Address: 45 Hardy Avenue Tillsonburg

Join us for a public skate. Please bring your own skates. Helmets are recommended. Skate aids are available for those in need.

Fee: Toddlers (under 2) - Free / Ages 2-13yrs - \$2.70 / Ages 14+ - \$5.20 / Family (max. 5 people) - \$12.70

Skate Passes are also available: 20 passes - \$75.40+tax. (Passes expire two years from purchase date.)

Blast Class

Date and Time: Tuesday, March 26 5:30 pm - 6:00 pm

Address: 45 Hardy Avenue Tillsonburg

A combination of HIIT training and muscle conditioning designed to fit into any schedule and provide you with an effective fitness class in just 30 minutes.

Wednesday, March 27, 2024

SPRING/SUMMER REGISTRATION OPENS TODAY

Date and Time: Wednesday, March 27 5:00 am - 6:00 pm

Address: 45 Hardy Avenue Tillsonburg

Register for our Spring and Summer programs starting today!

5:00am Register online: www.townoftillsonburg.perfectmind.com - Credit Card or Account Credit only

8:30am Register in person or over the phone. NOTE: Visa/Debit DOES NOT WORK online or over the phone

Health Club

Date and Time: Wednesday, March 27 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Morning Fitness

Date and Time: Wednesday, March 27 9:00 am - 10:00 am

Address: 45 Hardy Avenue Tillsonburg

This class is designed for any level of fitness. Class includes fun and energizing low impact aerobics, muscular conditioning exercises and ends with a relaxing stretch.

Morning Yoga

Date and Time: Wednesday, March 27 10:15 am - 11:15 am

Address: 45 Hardy Avenue Tillsonburg

This class uses a variety of yoga poses, stretching principles and movements combined with breathing and relaxation techniques to reduce muscle tension and stress.

Blast Class

Date and Time: Wednesday, March 27 5:30 pm - 6:00 pm

Address: 45 Hardy Avenue Tillsonburg

A combination of HIIT training and muscle conditioning designed to fit into any schedule and provide you with an effective fitness class in just 30 minutes.

Thursday, March 28, 2024

Health Club

Date and Time: Thursday, March 28 5:30 am - 9:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Public Skate

Date and Time: Thursday, March 28 10:15 am - 11:45 am

Address: 45 Hardy Avenue Tillsonburg

Join us for a public skate. Please bring your own skates. Helmets are recommended. Skate aids are available for those in need.

Fee: Toddlers (under 2) - Free / Ages 2-13yrs - \$2.70 / Ages 14+ - \$5.20 / Family (max. 5 people) - \$12.70

Skate Passes are also available: 20 passes - \$75.40+tax. (Passes expire two years from purchase date.)

Friday, March 29, 2024

Annandale NHS is Closed for Easter

Date and Time: Friday, March 29 12:00 am

Address: 30 Tillson Ave

Annandale NHS is closed for Easter weekend from Friday, March 29th to Monday, April 1st. We will open again on Tuesday, April 2nd at 9am.

Saturday, March 30, 2024

Annandale NHS is Closed for Easter

Date and Time: Saturday, March 30 12:00 am

Address: 30 Tillson Ave

Annandale NHS is closed for Easter weekend from Friday, March 29th to Monday, April 1st. We will open again on Tuesday, April 2nd at 9am.

Health Club

Date and Time: Saturday, March 30 8:00 am - 4:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Sunday, March 31, 2024

Annandale NHS is Closed for Easter

Date and Time: Sunday, March 31 12:00 am

Address: 30 Tillson Ave

Annandale NHS is closed for Easter weekend from Friday, March 29th to Monday, April 1st. We will open again on Tuesday, April 2nd at 9am.

Health Club

Date and Time: Sunday, March 31 8:00 am - 4:00 pm

Address: 45 Hardy Avenue Tillsonburg

Located on the lower level of the Tillsonburg Community Centre, the Health Club is open 7 days a week and offers a variety of cardio, resistance machines and free weights. Personal training is also available.

The Tillsonburg Community Centre also houses two squash courts and a wallyball court.

For more information please see attachments and/or call the Health Club directly at 519-688-3009 ext. 4230.

Free Public Skate

Date and Time: Sunday, March 31 1:15 pm - 2:45 pm

Address: 45 Hardy Avenue Tillsonburg

Join us for a Free Public Skate generously sponsored by VW Forestry & Landscaping.

