

# April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 12:00 Annandale NHS is Closed for Easter	2 5:30 Health Club 10:00 Public Skate 5:30 Blast Class	3 5:30 Health Club 9:00 Morning Fitness 10:15 Morning Yoga 5:30 Blast Class	4 5:30 Health Club	5 5:30 Health Club 9:00 Morning Fitness 10:15 Morning Yoga 3:45 Public Skate	6 8:00 Health Club 9:00 CHAA Aircraft Service Crew Training
7 8:00 Health Club 9:00 CHAA Aircraft Service Crew Training	8 5:30 Health Club 9:00 Morning Fitness 10:15 Morning Yoga 4:00 Parent and Tot Skate 6:30 Blast Class	9 5:30 Health Club 8:00 Standard First Aid with CPR and AED 10:00 Public Skate 5:30 Blast Class	10 5:30 Health Club 9:00 Morning Fitness 10:15 Morning Yoga 5:30 Blast Class	11 5:30 Health Club 8:00 Standard First Aid with CPR and AED 10:00 Public Skate	12 5:30 Health Club 9:00 Morning Fitness 10:15 Morning Yoga 3:30 Public Skate	13 8:00 Health Club 1:00 Family Fun Dazes
14 8:00 Health Club	15 5:30 Health Club 9:00 Morning Fitness 10:15 Morning Yoga 4:00 Parent and Tot Skate 6:30 Blast Class	16 5:30 Health Club 10:00 Public Skate 5:30 Blast Class	17 5:30 Health Club 9:00 Morning Fitness 10:15 Morning Yoga 5:30 Blast Class 6:30 "Spring Bird House Workshop"	18 5:30 Health Club 10:00 Public Skate	19 5:30 Health Club 7:00 PA Day Camp 9:00 Morning Fitness 10:15 Morning Yoga 3:30 Public Skate	20 8:00 Health Club 10:00 CHAA Monthly Member's Meeting – Welcome Centre
21 8:00 Health Club	22 5:30 Health Club 9:00 Morning Fitness 10:15 Morning Yoga 4:00 Parent and Tot Skate 6:30 Blast Class	23 5:30 Health Club 10:00 Public Skate 5:30 Blast Class	24 5:30 Health Club 9:00 Morning Fitness 10:15 Morning Yoga 5:30 Blast Class	25 5:30 Health Club 10:00 Public Skate 12:00 Lunch and Learn 2024: "We've MOVED! -35 Years Ago: The Story of the Rescue of Annandale House"	26 5:30 Health Club 9:00 Morning Fitness 10:15 Morning Yoga 12:00 Lunch and Learn 2024: "We've MOVED! -35 Years Ago: The Story of the Rescue of Annandale House" 3:30 Public Skate 6:00 Friday Night Fun (8-12yr olds)	27 8:00 Health Club 4:00 CHAA's Annual Fundraising Banquet
28 8:00 Health Club	29 5:30 Health Club 9:00 Morning Fitness 10:15 Morning Yoga 4:00 Parent and Tot Skate	30 5:30 Health Club 10:00 Public Skate 5:30 Blast Class 6:15 Evening Yoga				

